

## Feel Alive With Liqui-5!

**Want to feel better right away? Then use Sunrider's Liqui-5!**



I started using and sharing Liqui-5 years ago and still have not found ANYTHING that even comes close to the power of Liqui-5!

The liquid form of Quinary® is known as Liqui-Five®. No matter which form of Quinary® you choose, there is no comparable product on the market!

In keeping with Chinese tradition and the Philosophy of Regeneration™, daily maintenance of the body with proper nutrition is key to preventing physical malfunction. Dr. Chen created Liqui-Five® as a convenient way to keep the body's five major systems in balance.

He combined Alpha 20C®, Assimilaid®, Conco™, Lifestream® and Prime Again® into a special, complex liquid formula. Just open up a vial and drink it 2-3 times a day for fast action and recovery.

Quinary® supplement helps maintain health rather than waiting for the body to malfunction. It addresses the body's systems collectively as well as individually. Although it is very difficult to achieve with a formula as complex as this one, our blended herbs are maintained without preservatives or synthetic chemicals.

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Read this!



→ **Lisa Powers says:**

"You know, it's funny, even after twenty years in Sunrider, I still get excited when I am reminded of how wonderful our products are. And what's even more bizarre is that I still need reminders. Here's what I mean:

I was watching Dr. Oz on Oprah and he was showing a nutritious food called **purslane**. He was going on about how he was born in Turkey and how they eat it there and how great it is for us. Oprah said she'd never seen it before. It is not easy get. Well, I was thrilled!

Want to know why?

Many years ago a distributor called me. She was all excited because she'd been watching Dr. Andrew Weill, the doctor works at NAU and who's been on PBS and speaks about natural



healing. He, too, was talking about purslane and said that it is anti-inflammatory. She jumped up and ran to get her box of Liqui-five and she said she just knew it would have purslane as one of the ingredients because whenever she drank it, she didn't hurt! Anti-inflammatory!!! Well, she was thrilled to see that it was the second ingredient!!! Well, if that isn't the most perfect way to get confirmation of how good Sunrider products are, I don't know what is!

So, after watching Dr. Oz, I was reminded of how wonderful Liqui-five is and ordered a batch for me and then Jeff even asked me to get him some!

Though purslane, for most, is hard to get, it is easy for us to get it.

Thank you Drs. Chen. "

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### **Purslane-A Super Herb Food in Liqui-5!**

Purslane contains more Omega-3 fatty acids (alpha-linolenic acid in particular than any other leafy vegetable plant. Simopoulos states that Purslane has .01 mg/g of EPA. This is an extraordinary amount of EPA for land based vegetable sources. EPA is an Omega-3 fatty acid normally found mostly in fish and some algae.

It also contains vitamins (mainly vitamin A, vitamin C, and some vitamin B and carotenoids), as well as dietary minerals, such as magnesium, calcium, potassium and iron. Also present are two types of betalain alkaloid pigments, the reddish betacyanins (visible in the coloration of the stems) and the yellow betaxanthins (noticeable in the flowers and in the slight yellowish cast of the leaves). Both of these pigment types are potent antioxidants and have been found to have antimutagenic properties in laboratory studies.

100 grams of fresh purslane leaves (about 1 cup) contain 300 to 400 mg of alpha-linolenic acid. One cup of cooked leaves contains 90 mg of calcium, 561 mg of potassium, and more than 2,000 IUs of vitamin A..

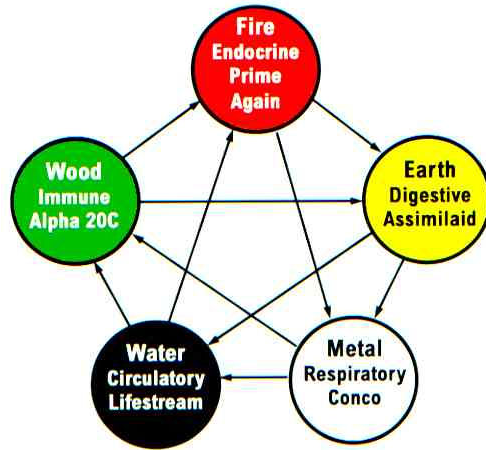
In Greek popular medicine, purslane is used as a remedy for constipation and inflammation of the urinary system. In antiquity its healing properties were thought so reliable that Pliny advised wearing the plant as an amulet to expel all evil (Natural History 20.120).

Dr. Chen uses this super food as just one of the ingredients in Liqui-5!

Try it for yourself. Order your product direct: 1-888-278-6743

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## Liqui-5 Feeds All 5 Elements-Just Drink A vial-See For Yourself!



### How Easy To Feel All Major systems!

Liquid 5 contains ingredients from all 5 of Sunrider's best selling food formulas:

Assimilaid=Digestive System  
Prime Again=Endocrine System  
Alpha 20C=Immune System  
Lifestream=Circulatory System

Conco=Respiratory System

## Balance your body with Quinary or Liqui-5

### You will love how it makes you feel!

"When I want to feel better and think better I just drink a vial of Liqui-5 and I start feeling better right away." *Janice-Ft. Myers, FL*

"I feel Liqui-5 helped me recover from my stroke last year." *Doris-Jacksonville, FL*

"I use Liqui-5 on days that I need extra energy or just want to feel better" *Tania, FL*

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## Get The Best Calcium To Help Your Body Regenerate!